Your First Business with AI: the one-page checklist

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No income promises: results depend on your work, your market and your offer. This is a working method, not legal, tax or financial advice.

1. Pick (30 minutes)

☐ Write 3 things you can already do (a skill, a trade, a hobby people ask you about).

☐ Write 3 problems people near you pay to fix (ask 3 people, don't guess).

☐ Pick ONE match of skill + problem. Small and specific beats big and vague.

2. Offer (30 minutes)

☐ One line: "I help [who] get [result] in [time], for [price]."

☐ One price you can say without apologising. Start simple: one package, one price.

☐ Ask a free AI assistant: "Rewrite this offer so a busy shop owner understands it in 5 seconds." Edit the answer yourself.

3. Proof (1 hour)

☐ Make one sample of the work (free AI helps you draft; you check every line).

☐ Do one job free or cheap for a real person in exchange for an honest review.

4. Find the first 10 people (1 hour)

☐ List 10 names: neighbours, local shops, old colleagues, groups you belong to.

☐ Send a short, personal message to each. No spam, no bulk lists, follow each group's rules.

☐ Note who replied, who said no, and why.

5. Check before you send anything to a client

☐ Facts, prices, names and dates checked by you, not by the AI.

☐ No private customer data pasted into AI tools.

☐ Taxes, permits or licences in your country: check with an official source or a professional.

6. Every day for 14 days

☐ 5 new conversations. 1 improvement to the offer. 1 line in your tracker.

Want the full version? The **First-Business-with-AI Kit** (USD 49) adds 10 USD-0 starter businesses, a fill-in offer sheet, a 14-day plan, 20 copy-paste prompts and 5 outreach scripts: whichora.netlify.app
Free tools to start: whichora.netlify.app/guides/free-ai-tools.html. Questions: tonycappone@mail.grokbot.com